



**POST
SURVEY**

AGENDA GAP DIGBY 2024 - 2025

Post-Survey Results



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Post-Survey Evaluation Results

We asked youth from DRHS who participated in Agenda Gap about their experience.
8 youth out of 12 responded (response rate of 67%). Here's what they reported:

PART 1: POLICY-RELATED IMPACTS

Highlights:

Participants reported substantial knowledge gains related to policy, mental health promotion, and the social determinants of mental health. They also reported skill enhancement, and an increased ability to effect systems change.



100% (n=8) strongly agree or agree that as a result of participating in Agenda Gap, **they gained awareness of how policy can be used as a key tool for promoting mental health**



100% (n=8) strongly agree or agree that participating in Agenda Gap **increased their knowledge, awareness, or understanding of the social determinants of mental health.**



100% (n=8) strongly agree or agree that participating in Agenda Gap **increased their knowledge of mental health promotion.**

PART 1: POLICY-RELATED IMPACTS CONTINUED

Other relevant survey questions:



WORKSHOP USEFULNESS

"I found the Agenda Gap workshops useful"

75%

Strongly Agree
or Agree

75%



GROUP-WORK SKILL

"I gained skills to work effectively in group settings where people have different perspectives"

75%

Strongly Agree
or Agree

75%



CHANGE-MAKING PREPARATION

"I feel more prepared to make changes in my community now than I did before the program"

62.5%

Strongly Agree
or Agree

62.5%



KNOWLEDGE OF THE SOCIAL DETERMINANTS

"I learned about the social determinants of mental health and how these can lead some groups in our society to have worse mental health than others"

75%

Strongly Agree
or Agree

75%



CHANGE-MAKING SKILLS

"I gained skills to identify and take action on changes needed in my community"

75%

Strongly Agree
or Agree

75%



CONTINUED INVOLVEMENT IN POLICY CHANGE

"As a result of participating in Agenda Gap, I plan to keep working with others to contribute to policy change"

50%

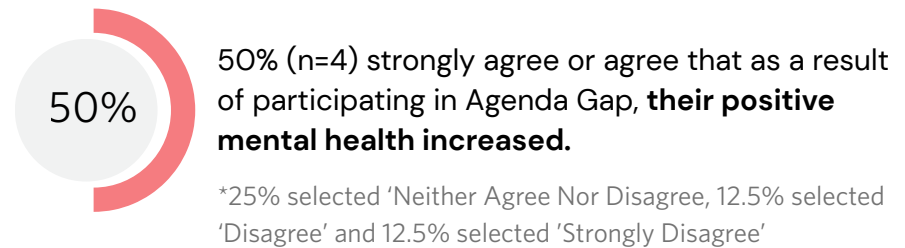
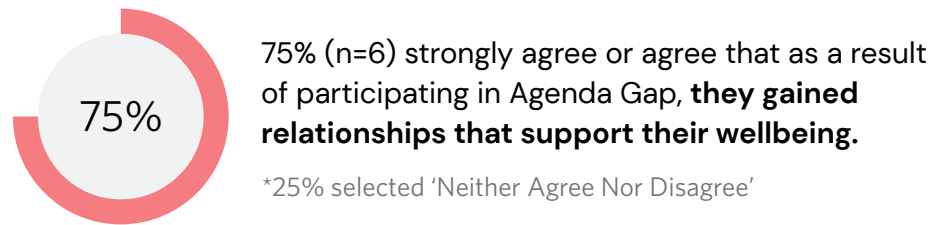
Strongly Agree
or Agree

50%



PART 2: PERSONAL IMPACTS

Highlights:



Other relevant survey questions:



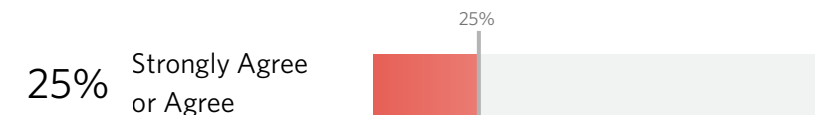
COPING TECHNIQUES

"I continue to use one or more of the Connect and Close techniques I learned to cope and/or support my wellbeing"



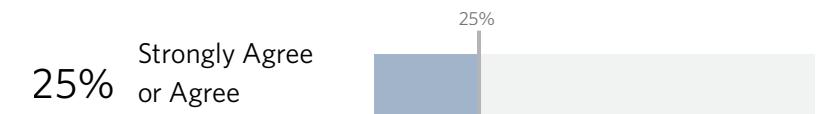
SUBSTANCE USE

"I changed my use of substances, such as alcohol or drugs, in ways that support my wellbeing"



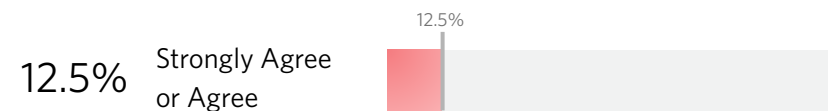
SCHOOL CONNECTEDNESS

"I feel more connected with my school (e.g. increased sense of belonging, participation in programs for people like me)"



FAMILIAL RELATIONSHIPS

"I have noticed improvements with how I relate to my family"



PART 3: STUDENT-STAFF RELATIONSHIPS

Highlights:

The majority of participants endorsed **positive youth-facilitator relationships**, which included a sense of **mutual respect, trust, co-learning, and sense of shared power**.

Other relevant survey questions:

