



POST
SURVEY

AGENDA GAP MISSISSAUGA

Post-Survey Results



POST SURVEY

AGENDA GAP MISSISSAUGA

Post-Survey Evaluation Results

Erin Mills Connects and The Dam have partnered over 3 years alongside Wellstream to offer Agenda Gap in Mississauga. Each year, we asked youth who participated in the program about their experience. **This report summarizes their feedback.**

OVERVIEW

1 2022-2023 Cohort

11 youth participated in this cohort. All 11 youth responded to the post survey, a 100% response rate.



2 2023-2024 Cohort

17 youth participated in this cohort. Of those, 13 responded to the post survey, a 76% response rate.



3 2024-2025 Cohort

7 youth participated in this cohort. Of those, 5 responded to the post survey, a 71% response rate.

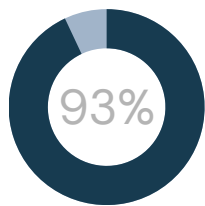


A total of **35 youth** have participated in Agenda Gap Mississauga, with an overall post-survey response rate of 83% (n=29).

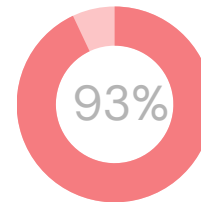
PART 1: POLICY-RELATED IMPACTS

Highlights:

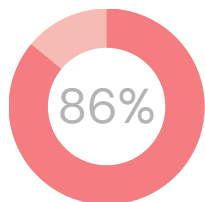
Participants reported substantial skill gain and increased ability to effect systems change. They also reported that their participation in Agenda Gap increased their knowledge of policy, mental health promotion, and the social determinants of mental health.



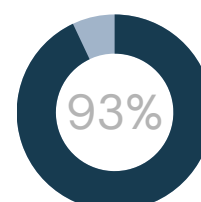
93% (27/29) strongly agree or agree that as a result of participating in Agenda Gap, they **gained skills to work effectively in group settings where people have different perspectives.**



93% (26/28) strongly agree or agree that as a result of participating in Agenda Gap, **they plan to keep working with others to contribute to policy change.**



86% (25/29) strongly agree or agree that as a result of participating in Agenda Gap, they **gained awareness of how policy can be used as a key tool** for promoting mental health.



93% (27/29) strongly agree that the Agenda Gap **workshops are useful.**

PART 1: POLICY-RELATED IMPACTS CONTINUED

Other relevant survey questions:



CHANGE-MAKING PREPERATION

"I feel more prepared to make change in my community now than I did before the program"

96%
(27/28)

Strongly Agree
or Agree



KNOWLEDGE OF MENTAL HEALTH PROMOTION

"Participating in Agenda Gap has increased my knowledge of mental health promotion"

93%
(27/29)

Strongly Agree
or Agree



KNOWLEDGE OF THE SOCIAL DETERMINANTS

"Participating in Agenda Gap has increased my awareness or understanding of the social determinants of mental health"

97%
(28/29)

Strongly Agree
or Agree



CHANGE-MAKING SKILLS

"I gained skills to identify and take action on changes needed in my community"

89%
(25/28)

Strongly Agree
or Agree



KNOWLEDGE OF SOCIAL INEQUITY

"I learned about the social determinants of mental health and how these can lead some groups in our society to have worse mental health than others"

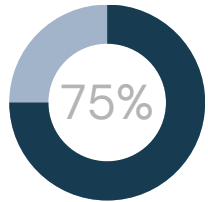
93%
(26/28)

Strongly Agree
or Agree



PART 2: PERSONAL IMPACTS

Highlights:



75% (21/28) strongly agree or agree that as a result of participating in Agenda Gap, **they gained relationships that support their wellbeing.**

*5 participants selected 'Neither Agree Nor Disagree',
2 selected 'Disagree'



79% (22/28) strongly agree or agree that as a result of participating in Agenda Gap, **their positive mental health improved.**

*6 participants selected 'Neither Agree Nor Disagree',

Other relevant survey questions:

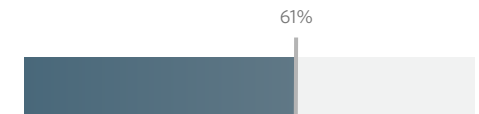


COPING TECHNIQUES

"I continue to use one or more of the Connect and Close techniques I learned to cope and/or support my wellbeing"

61%
(17/28)

Strongly Agree
or Agree

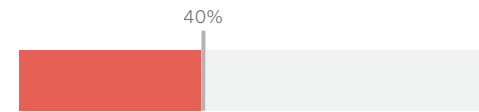


SUBSTANCE USE

"I changed my use of substances, such as alcohol or drugs, in ways that support my wellbeing"

40%
(4/10)

Strongly Agree
or Agree



*18 participants selected 'Does Not Apply to Me'



SCHOOL CONNECTEDNESS

"I feel more connected with my school (e.g. increased sense of belonging, participation in programs for people like me)"

64%
(18/28)

Strongly Agree
or Agree

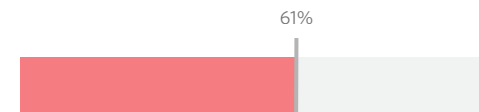


FAMILIAL RELATIONSHIPS

"I have noticed improvements with how I relate to my family"

61%
(17/28)

Strongly Agree
or Agree



PART 3: STUDENT-STAFF RELATIONSHIPS

Highlights:

Participants endorsed **positive youth-facilitator relationships**, which included a sense of **mutual respect, trust, co-learning, and sense of shared power**.

Relevant survey questions:

