



Mental health is shaped by our everyday conditions, which are influenced by policy. Agenda Gap equips youth to lead action to contribute to policies that strengthen mental health and wellbeing for individuals and their communities.



The Approach

(What we do)



Train mentors to lead the Agenda Gap intervention in diverse communities



Engage youth who have experienced health and social inequities to **collectively identify policy priorities grounded in their community knowledge and research evidence**



Provide youth with the skills needed to take action to address harmful policies or create new policies that promote mental health and wellbeing



Test, refine and adapt Agenda Gap in collaboration with community partners

The Outcome

(The difference we want to make)



Youth broaden understandings of mental health, including how it is influenced by policy



Youth are supported in building relationships that enhance their mental health and wellbeing



Youth are inspired to take action and work collaboratively to strengthen mental health and equity for their peers and broader communities

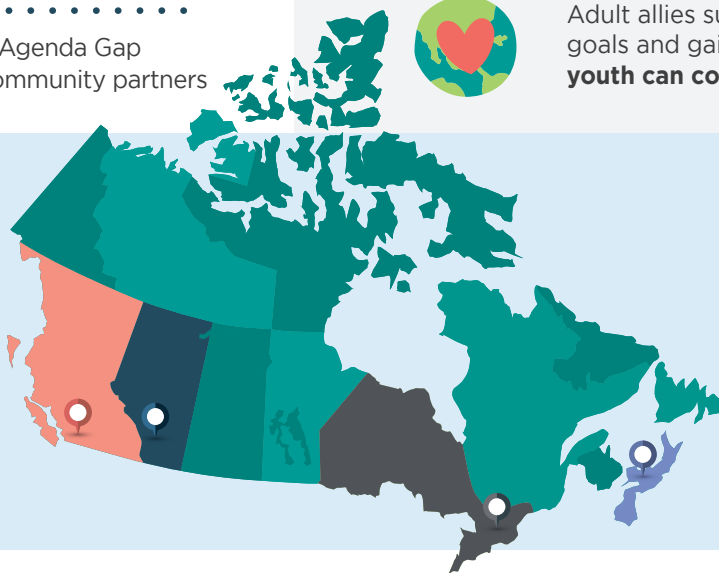


Adult allies support youth in their policy goals and gain new appreciation for how **youth can contribute to community change**

Where We Are

Implementation Sites

- British Columbia
- Alberta
- Ontario
- Nova Scotia



Contact:

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[agendalab.ca](https://www.agendalab.ca)

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