



**POST
SURVEY**

AGENDA GAP WHITE ROCK 2024 - 2025

Post-Survey Results

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AGENDA GAP WHITE ROCK 2024 - 2025

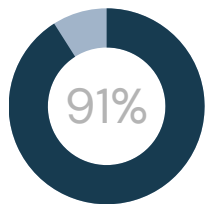
Post-Survey Evaluation Results

We asked youth who participated in Agenda Gap White Rock about their experience. **11 youth out of 12 responded** (response rate of 92%). Here's what they reported:

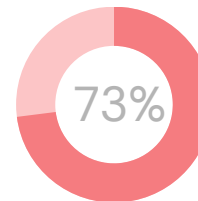
PART 1: POLICY-RELATED IMPACTS

Highlights:

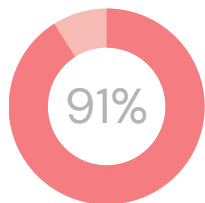
Participants reported substantial skill gain and increased ability to effect systems change. They also reported that their participation in Agenda Gap increased their knowledge of policy, mental health promotion, and the social determinants of mental health.



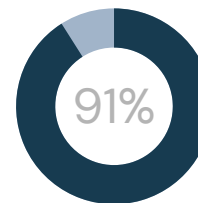
91% (n=10) strongly agree or agree that as a result of participating in Agenda Gap, they **gained skills to work effectively in group settings where people have different perspectives.**



73% (n=8) strongly agree or agree that as a result of participating in Agenda Gap, **they plan to keep working with others to contribute to policy change.**



91% (n=10) strongly agree or agree that as a result of participating in Agenda Gap, they **gained awareness of how policy can be used as a key tool** for promoting mental health.



91% (n=10) strongly agree that the Agenda Gap **workshops are useful.**

PART 1: POLICY-RELATED IMPACTS CONTINUED

Other relevant survey questions:



CHANGE-MAKING PREPERATION

"I feel more prepared to make change in my community now than I did before the program"

64%

Strongly Agree
or Agree

64%



KNOWLEDGE OF MENTAL HEALTH PROMOTION

"Participating in Agenda Gap has increased my knowledge of mental health promotion"

73%

Strongly Agree
or Agree

73%



KNOWLEDGE OF THE SOCIAL DETERMINANTS

"Participating in Agenda Gap has increased my awareness or understanding of the social determinants of mental health"

91%

Strongly Agree
or Agree

91%



CHANGE-MAKING SKILLS

"I gained skills to identify and take action on changes needed in my community"

64%

Strongly Agree
or Agree

64%



KNOWLEDGE OF SOCIAL INEQUITY

"I learned about the social determinants of mental health and how these can lead some groups in our society to have worse mental health than others"

91%

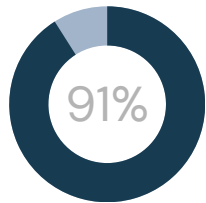
Strongly Agree
or Agree

91%



PART 2: PERSONAL IMPACTS

Highlights:



91% (n=10) strongly agree or agree that as a result of participating in Agenda Gap, **they gained relationships that support their wellbeing.**

*1 participant selected 'Neither Agree Nor Disagree'



45% (n=5) strongly agree or agree that as a result of participating in Agenda Gap, **their positive mental health improved.**

*5 participants selected 'Neither Agree Nor Disagree', 1 participant selected 'Somewhat disagree'

Other relevant survey questions:

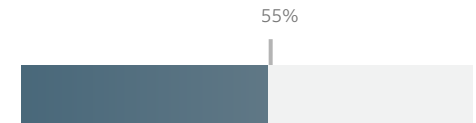


COPING TECHNIQUES

"I continue to use one or more of the Connect and Close techniques I learned to cope and/or support my wellbeing"

55%

Strongly Agree or Agree

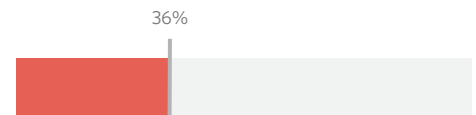


SUBSTANCE USE

"I changed my use of substances, such as alcohol or drugs, in ways that support my wellbeing"

36%

Agree

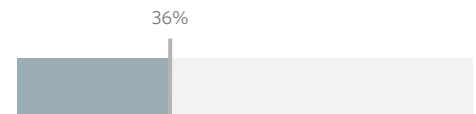


SCHOOL CONNECTEDNESS

"I feel more connected with my school (e.g. increased sense of belonging, participation in programs for people like me)"

36%

Agree

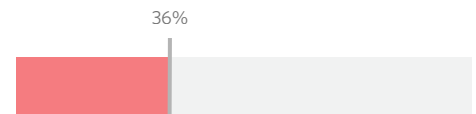


FAMILIAL RELATIONSHIPS

"I have noticed improvements with how I relate to my family"

36%

Strongly Agree or Agree



PART 3: STUDENT-STAFF RELATIONSHIPS

Highlights:

Participants endorsed **positive youth-facilitator relationships**, which included a sense of **mutual respect, trust, co-learning, and sense of shared power**.

Relevant survey questions:

