





Workshop 13: Aligning for Action



EMPOWERING YOUNG LEADERS: EMPLOYMENT SUCCESS STRATEGIES WORKSHOP OVERVIEW

Mission Statement

Agenda Gap Mississauga Youth aim to empower youth by promoting community well-being and advocating for mental health awareness with diverse teenage perspectives. Through developing supportive workshops and resources, we aim to educate our peers and community leaders on the importance of youth mental health and its connection to employment readiness.



Youth Employment Matters



Supports well-being by:

- Developing confidence
- Expanding networks
- Enabling community belonging
- · Fostering independence

All of these outcomes are known protective factors for the promotion of positive mental health.

The Challenge

West Mississauga is estimated to have among the greatest concentration of youth until 2031 (Mississauga, 2020, p. 22), making employment opportunities for youth of particular concern, especially following the pandemic where "Peel Region closures were among the longest in the province" (2021 Vitals Signs, n.d., p 23).

Calls to Action 📢

Adapt the Mandatory Grade 10 Careers Curriculum

- (Include at least 1 month of resume preparation for real-time job postings
- Use a youth-informed approach to drive interactive & less theory-based assignments
- Create job boards in schools to provide a pathway to low-barriers opportunities
- Lessons and opportunities for networking skill development
- (Instruct on how to leverage volunteer opportunities to achieve personal goals

Expand and Promote Municipal & Provincial programs to Address Youth Underemployment

- Set standards for youth inclusion in employment sectors where possible
- Expand and promote youth employment programs (subsidies, training programs) to youth and careers course instructors in school and in youth-serving agencies

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Open the Report

Date	What happened? (activities*, discussion, etc.)	With who? (audience)	What changed? (short, medium & long-term outcomes)	What next? (any follow up needed or reflections on what worked well)
	e.g., Presentation about the policy priority made to school during an assembly	Number and type of attendees — students, teachers, principal, etc.	New knowledge in school community about the policy priority	Follow up with school leaders about whether the presentation will be featured in school blog/newsletter
	e.g., Invited to participate in discussion with the health authority	Number and type of attendees — decision makers, etc.	Commitment to further exploring the issue, invited continued engagement	Send thank you message
	e.g., Participated in a media interview about the policy priority	General public	Offers of support, increased number of allies	Note any supporters among those who commented on or referenced interview



https://ubc.ca1.qualtrics.com/jfe/e/form/SV_9TxsKXrJr6ZPkKW